

## Abstract

The present study reports on the construction and validation of a scale for assessing affective lability in the Chinese population. The Chinese Affective Lability scale (c-ALS) was designed to tap the frequency of affective lability. The c-ALS was validated on two independent samples of university students from the Chinese University of Hong Kong (607 students in the main sample and 40 students in the second sample). Factor analysis produced a 12-item, two-factor structure concerning with Biphasic Mood and Biphasic Behavior. The c-ALS was found to be both internally consistent and stable over time. Concurrent and external validity were confirmed by the expected relationships with neuroticism, affective intensity, affective states as well as depression.